

**THE 4TH MID YEAR COORDINATION MEETING OF THE AFRICAN UNION, THE REGIONAL ECONOMIC COMMUNITIES AND REGIONAL MECHANISMS AND THE 41ST ORDINARY SESSION OF THE EXECUTIVE COUNCIL
14TH-17TH JULY 2022
LUSAKA, ZAMBIA.**

HEALTH ADVISORY

The Directorate of Medical and Health Services of the African Union Commission and the Ministry of Health of Zambia look forward to welcoming you to the 41st Ordinary Session of the Executive Council and the 4th Mid Year Coordination Meeting (MYCM) of the AU, the Regional Economic Communities (RECs) and Regional Mechanisms (RMs) scheduled to take place from the 14th-17th July 2022 in Lusaka, Zambia.

You will find in this health advisory, information about Zambia, the medical coverage for the meeting participants, related health issues and suggestions on how you can stay healthy during your stay in Lusaka.

ZAMBIA

Zambia is a landlocked country located in Southern Africa, to the east of Angola. It lies in the watershed between DR Congo and Zambezi river systems. The terrain of Zambia is mostly high plateau, with some hills and mountains. The lowest point is the Zambezi river, at 329 m (1,079 ft) above sea level, with the highest being Mafinga Central in the Mafinga Hills, at 2,339 m (7,674 ft) above sea level.

Zambia experiences a predominantly sub-tropical climate characterized by three distinct seasons: a hot and dry season (mid-August to mid-November), a wet rainy season (mid-November to April), and a cold dry season (May to mid-August). Lusaka in July experiences nice and warm days with slightly cloudy sky. Typically, temperature fluctuates around 22°C but can drop as low as 7°C with a light breeze.



Medical Coverage

A Medical Team comprising personnel of the African Union Medical and Health Services Directorate (AU MHSD) and the Zambia Ministry of Health will be available to provide basic healthcare services and respond to any emergencies at the Mulungushi International Conference Centre (MICC) and at the major hotels throughout the duration of the Meeting. Meeting participants are advised to use the **Clinic in Zone A** on the ground floor of the Conference Centre during meeting hours.

Cost of Medical Care

Medical care at the meeting venue and major hotels will be provided free of charge. However, if additional medical services are required outside of the MICC (including prescriptions for medicines, hospital admissions etc.), the cost of such will be borne by the participants or their sponsors.

All Meeting participants are advised to obtain an international medical insurance cover with a reputable insurance company. This insurance cover should take effect as soon as they leave their home Country or Country of residence. It should be recognized by the major hospitals in Lusaka like the University Teaching Hospital

(UTH), National Heart Hospital (NHH), Levy Mwanawasa University Teaching Hospital, Maina Soko Military Hospital, Medlands and Coptic Hospitals. **All these hospitals will accept the Cigna medical insurance policy.**

The medical insurance cover should include COVID-19 treatment and hospitalization, other medical or surgical treatments while in Lusaka, medical evacuation and treatment outside Lusaka and repatriation back to home Country or Country of residence.

Participants may wish to subscribe to a local medical insurance which covers them at least while in Zambia.

Delegates who have been diagnosed with any chronic medical condition (s) (e.g. Diabetes Mellitus, Hypertension, Asthma, Epilepsy, HIV etc.) and are on treatment, must ensure that they have sufficient supply of their medications as their preferences/brands may **not** be available in Lusaka.

Travel Immunization and Disease Screening

COVID-19 entry requirements

- Regardless of vaccination status, participants are required to complete a health declaration form and undergo body temperature scanning at the airport Port health.
- **Irrespective of their COVID-19 vaccination status, all participants will be required to present a Negative COVID-19 PCR test Certificate issued no more than 72 Hours before travel.**
- Participants are required to do their PCR COVID-19 tests only in accredited laboratories with a Trusted Travel (TT) or QR code and the result will be checked online at Africa Union Trusted Travel platform.
- **Participants shall not be required to quarantine once the above requirements are met.**

Yellow Fever vaccination

- Yellow fever vaccination and the proof of having received it, is an entry requirement for Zambia. Please carry your Yellow fever vaccination card (Yellow card) with you. You may be requested to present it at the airport.

Any participant who arrives ill and or has a body temperature equal to, or above 38.0 C will be tested for COVID-19. If found to be positive, he/she

will be required to quarantine (at home, a hotel or government facility) at their own cost.

Measures to be observed at the Mulungushi International Conference Centre

All Participants, VIPs, VVIPs, Service Providers, AU and host country Staff are required to adhere to the COVID-19 and other infectious diseases prevention measures put in place by the AU Medical and Health Services Directorate and the Ministry of Health of the Republic of Zambia as guided by the Africa CDC.

- All Participants, VIPs, VVIPs, Service Providers, AU and host country Staff must do daily Rapid COVID-19 tests. The result will be sent electronically or color coded cards will be provided. Only persons whose results are negative will have access to the meeting venue. **Those who test positive should participate virtually.**
- Free COVID-19 Rapid testing sites will be available at the airport, major hotels and MICC. This will be supplemented by mobile laboratories.
- All persons will be screened using a non-contact thermometer before entering the conference hall. Anyone with a fever will be referred for further medical evaluation. Medical staff will be available and ready on-site to assist any such persons.

Participants who feel unwell or have any symptoms associated with COVID-19, Monkey Pox or Ebola Virus Disease should self-isolate and call any of the emergency numbers provided for assistance.

- Meeting rooms will be decontaminated and cleaned every day and arranged by the meeting coordinators, AU Protocol Services and the joint Medical Teams with seating of 1-2m apart. Please do not remove the labels, do not sit on labelled chairs or change the sitting arrangements.

If you are not comfortable with any sitting arrangement, please call the attention of any of the medical or protocol personnel to assist you. **If you change your seat, please sanitize the new seat and any equipment used by the previous person.**

- Mask wearing is mandatory for all meeting areas. All Participants will be provided with KN95 face masks at the entrance of the MICC. No other type of masks will be allowed inside the MICC. These masks should be worn

correctly and all the time while in the conference center. This measure will be enforced by Medical and Public Health personnel.

- Physical distancing is mandatory for activities such as queueing to access to the meeting venues, collection of items or food, and any other activity that may demand bringing the participants together.
- Greetings involving body contact (shaking hands, hugging, kissing) is prohibited. Please use only non-contact greetings like elbow shake, waving, bowing etc.
- All entrances and exits to meeting rooms will be clearly marked. Please follow the signs to allow for a one-way stream while maintain physical distancing.
- Group photographs without masking are strongly discouraged.
- Always use the hand hygiene facilities provided for your health and safety.

Return COVID-19 PCR tests

The Ministry of Health of the Republic of Zambia will provide free PCR COVID-19 tests for all participants who require it for boarding and their destination countries. This will be available at the COVID-19 testing sites.

If you test positive for COVID-19, you will need to remain in Lusaka and have treatment until you test negative.

General measures to protect yourself and others

No travel is without health and other risks. As this meeting is conducted in person amid the COVID-19 Pandemic, Ministry of Health of the Republic of Zambia with the African Union Medical and Health Services Directorate have worked intensively to ensure that all precautionary measures to help prevent the spread of COVID-19 and other infectious diseases are taken to safeguard participants' health and safety.

COVID-19 and other infectious Disease prevention measures

When going through airport formalities, traveling on the aircraft, using taxis/ buses or personal vehicles, shopping, in hotels or shared accommodations, etc. adherence to COVID-19 and other infectious diseases infection prevention measures are highly recommended.

- Maintain strict hand hygiene. Wash your hands often with soap and water, especially before eating, before and after using the bathrooms. Use alcohol based hand sanitizers containing at least 70% alcohol, if your hands are not visibly soiled or hand washing facility is not available. You can buy pocket sized ones at local pharmacies for your personal use.
- Wear your face masks correctly and consistently especially when you are in indoor or high risk environments like airport, aircraft and crowded places.
- The recommended masks for all meeting venues is the KN95 masks. **These masks should not have valves on them.** No other types of masks will be accepted. Health personnel will be around to enforce this and other public health measures.
- Surgical masks can be used while in outdoor areas. Please encourage those around you to always wear their masks and correctly also.
- Maintain a physical distance of at least one meter when you have to be with anyone. Avoid crowded places.
- **Avoid close body contact or contact with body fluids of any sick person. If this happens accidentally, wash it off immediately and report promptly to the medical team; and**
- **If you find someone who is ill, call for help immediately. Do not try to attend to him/her by yourself.**

Eat and drink safely: Ensure that your food and water are from trusted sources and fresh fruits are thoroughly washed before eating. Food should be well cooked and properly stored. Drink enough clean water, at least 2L every day.

Maintain personal security at all times: Use the same common sense traveling that you would at home, and always stay alert and aware of your surroundings. Report any suspicious activity to the Security personnel.

Carry with you some warm clothing.

In the event that you fall ill or have an accident during your stay,

- ✓ Report to your hotel clinic (if available)
- ✓ Report to the Zambian or AU Medical and Health Services Teams
- ✓ Call someone to get help (if you are not able to do any of the above)
- ✓ Call the Republic of Zambia or AU Medical and Health Services personnel:
 - **Dr Mary Tapgun (AU MHSD)** +260955887155, +251922481559 (WhatsApp)
 - **Dr Hassina Boudra (AU MHSD)** +251911836675 (WhatsApp)
 - **Dr Charles Msiska (MoH)** +260 966372836 (Direct line and WhatsApp)
 - **Dr. Alex Makupe (MoH)** +260979811753 (Medical Services)
 - **Dr. Godfrey Phiri (MoH)** +260977659166 (Medical Services)
 - **Dr. Richard Nsakanya (MoH)** +260966197854 (Medical Services)
 - **Prof. Roma Chilengi (ZNPFI)** +260 973724935 (COVID-19 Services)

LIST OF PHARMACIES AND CONTACT

No.	Name of Pharmacy	Officials	Mobile Number	Telephone Number
1.	Link Pharmacy	Mr. Mulenga	+260975221395	
2.	Northmead Chemist	Mr Reuben Banda	+260977392065	
3.	Pharmacy Direct	Ms. Christine Chansa	+260977869702	
4.	Bliss Pharmacy	MS.Thelma Mwendabai	+260979125061	
5.	SLYKay Pharmacy	Mr Kennedy Saini	+260977296178	

**EMERGENCY TELEPHONE NUMBERS OF MAJOR HOSPITALS
FOR THE AU MEETING.**

No.	Name of the Hospital	Officials	Mobile No.	Telephone
1.	University Teaching Hospital (Adult Hospital)- Emergency Physician	Dr Mwiche Chiluba Dr. Mwila Lupasha Dr. Patricia Chibesakunda Sister Edah Mizinga Dr. Charles Mutemba	+260 95 5282802 +260 97 7751266 +260 97 5647777 +206 97 9103652 +260 96 6737000	+260 95 5751266 +260 95 0400976
2.	Levy Mwanawasa University Teaching Hospital	Dr John Masina Dr. Aggrey Mweemba Dr. Mirriam Maimbo Dr. Jackson Chipasha Prof. John Musuku	+260 977708306 +260 961357599 +260 97 7404994 +260 97 7884771 +260 96 6766052	
3.	Maina Soko Military Hospital	Dr David Mubanga Col. Bright Sichone Dr. Ndaba Sipuka Dr. Hope Phiri Dr. James Nyimbili	+260 978955578 +260 97 7338133 +260 97 9110085 +260 97 7720680 +260 97 1232819	+260 211 260301
4.	National Heart Hospital	Dr Chabwela Shumba Dr. Agnes Mtaja Mrs Josphine Chimpinde Dr. Chileshe Mutema Dr. Kalima Nawa	260 950589164 +260 97 7784609 +260 97 9056019 +260 76 0749558 +260 97 9490016	+260 96 6619430
6.	Medlands Hospital	Lisa Waterfield Dr. George Mutambo Marina Smit Dr. Colin West Hospital Line	+260 967591282 +26076 2172761 +260 76 2028638 +260 97 7744249	+ 260761101600
7.	Coptiic Hospital	Dr. N. Beshara Ms. Madona Mr. Michael	+260966757584/+260976822535 +260971661616 +260978487766	