

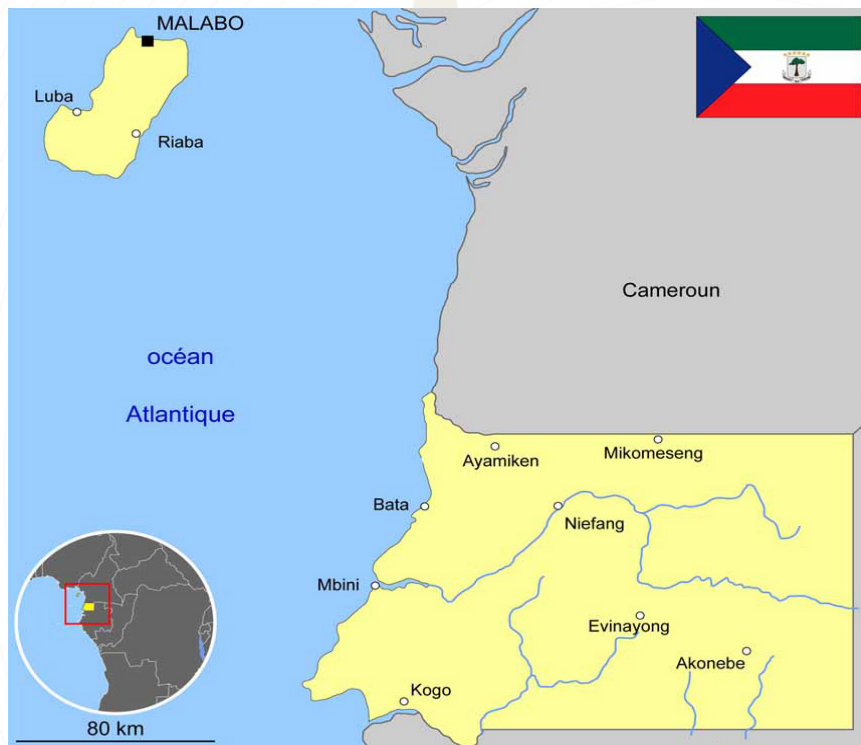
MEDICAL COVERAGE

AU 7TH MID-YEAR COORDINATION MEETING

10 to 13 July 2025
Malabo,
EQUATORIAL GUINEA

The Directorate of Medical and Health Services of the African Union Commission and the Ministry of Health of Equatorial Guinea welcome you to Malabo, Equatorial Guinea for the **7th Mid-Year Coordination Meeting between the AU, the RECs and the RMs & 47th Ordinary Session of the Executive Council**.

Please find below useful information about Equatorial Guinea and medical coverage for conference attendees and suggestions on how you can stay healthy during your stay.



Equatorial Guinea is a member country of CEMAC (Economic Community of Central African States) with an area of 28051 km². It consists of the meeting in a single state of 2 geographical entities, one island and the other continental, very far from each other and very different both in terms of ecosystems and settlements.

Located in Central Africa between the parallels **3° 45' 08" N, 8° 46' 26" E**, it is one of the smallest countries in Africa and ranks 145th on a continental scale. The largest city is Bata located on the mainland, followed by Malabo on its island part. **In 2023**, its population was estimated at **1,848,000**. Its national currency is the **CFA Franc (XAF)**.

WEATHER

The climate is tropical, hot and humid all year round, with a slightly cooler period from June to September, when south-westerly currents prevail. Temperatures are higher from January to May, and lower from July to September, when they drop to around 27o/28o in the mainland, while they remain slightly higher in the islands.

During the summit in July, temperatures oscillate between 24o and 27o on Malabo with heat peaks at 30o. The rains are abundant and the precipitation totals 1870 millimeters per year. Due to heat spikes and the risk of dehydration (decreased amount of water in your body), you may experience mild headaches, mild dizziness, fatigue, mild insomnia (difficulty sleeping), feeling thirsty and dry mouth. These symptoms should improve with rest and adequate rehydration. Therefore, you should drink water regularly. In addition, the high humidity and the high pollen content of the ambient air in hotels can trigger or exacerbate allergic or respiratory symptoms, particularly for asthmatics.



COVERAGE AND MEDICAL COST

Communicable diseases are still widespread in Equatorial Guinea, accounting for more than 85% of all medical consultations, especially malaria, acute respiratory infections and diarrhea, which are the main causes of death in children under 5 years old. HIV prevalence was estimated at 6.9% in 2022 (source WHO). Equatorial Guinea has, however, made significant progress in the area of health. A social development fund has been established, a number of hospitals and health centers have been built and renovated. It has embarked on a reform of the health system based on the operationalization of health districts, and adopted a series of measures to promote the health sector.

Like many African countries, the organization of the health system in Equatorial Guinea is of the pyramid type with 3 levels of services: the operational level with its health huts, Integrated Health Centers and District Hospitals, all concentrated inside the country; the intermediate level with regional hospitals, Mother and Child Health Centers; and a tertiary level with National Hospitals, mainly concentrated in the 2 large cities of Bata and Malabo. There are also reference centers.

Alongside this public sector, we find, concentrated in Malabo and Bata, private clinics including that of CLINIC LA PAZ and where all cases will be directed during the summit.

Medical coverage during the Summit will be provided by the African Union Medical and Health Services and Equatorial Guinea medical team at SIPOPO conference center.

Medical cover will be limited to emergencies only!

Summit attendees are welcome to use the satellite clinic located on the ground floor of the conference center and which will be open daily from 7:30 a.m. until the last scheduled meeting of the day. If additional medical services are required outside of the conference (including prescriptions for medications, hospitalizations, etc.), the cost of such services will be borne by the attendees or their sponsors.

All summit participants are advised to obtain international medical insurance coverage with a reputable insurance company.

This insurance coverage should take effect as soon as they leave their country of origin or their country of residence. It should be recognized by hospitals or private clinics in Malabo (see Clinic La Paz contacts). It should include medical treatment in Malabo, medical evacuation, treatment outside Equatorial Guinea and repatriation to the country of residence if necessary.

All personnel covered by CIGNA or any other medical insurance company must carry their medical insurance cards.

If you have a chronic medical condition (e.g. diabetes mellitus, hypertension, asthma, epilepsy, HIV, etc.) and are on treatment, ensure that you have an adequate supply of medication, as your preferences such as manufacturer's products or brands may not be available in Malabo.

All dialysis sessions will be free during the summit.

VACCINATION

Vaccination against yellow fever, and proof of having received it, is an entry requirement for Equatorial Guinea. Carry your up-to-date vaccination card with you.

Covid-19 vaccination or PCR-test are not an entry requirement for Equatorial Guinea or entry in the premises of SIPOPO Conference center.

All delegates will be screened using a non-contact thermometer before entering the conference room. Participants are encouraged not to attend meetings if they feel unwell.

Any participant exhibiting symptoms related to flu should self-isolate and contact the medical team. It is not mandatory but recommended for all delegates to wear masks during meetings. Physical distancing is suggested for activities such as queuing to access meeting venues, seating arrangements, food collection, and any other activity that may require participants to be close together. The use of non-contact greetings is encouraged.

Delegates who test positive for covid will be isolated free of charge in public centers made available by the government. Those who wish to be admitted to a private structure (hotel) will be at their own expense or at their insurance.

Protect yourself and protect others:

- Maintain strict hand hygiene. Wash your hands with soap and water, especially before eating, before and after using the toilet. Alcohol-based hand sanitizers are installed at all main entrances to conference buildings and hotels. Use them. You can buy disinfectant solutions (containing at least 70% alcohol) from local pharmacies for your personal use.
- Cover your mouth and nose with a cloth or your sleeve (not your hands) when coughing or sneezing. Encourage others to do so too.
- Avoid contact with the body or body fluids of any sick person. If this happens accidentally, wash the contact point immediately and promptly report it to the medical team.
- If you find someone sick, seek help immediately. Don't try to help him alone.

THE TOLL-FREE NUMBERS ARE THE FOLLOWING:

SAMU EMERGENCY : 222 02 2893

SECURITY POLICE: 666 404 040

FIRE DEPARTMENT: 112

GENDARMERIE: 666 303 03

EAT AND DRINK SAFELY

Make sure your food and water come from reliable sources and that fruit is washed well before consumption. Food should be cooked well and stored properly. Drink enough clean water, at least 2 L every day. Malaria is endemic in Malabo, and prophylaxis (prevention) is strongly recommended for people who are not immune or who live in areas of the world where malaria does not exist. Contact your GP for prophylaxis before travelling.

Maintain personal safety at all times: Use the same common sense as at home and always remain alert and aware of your surroundings.

Keep cool: Temperatures in Malabo will be high, prefer loose and light clothing, especially in the evening.

In case you fall ill or have an accident during your stay :

- ▶ Report it to the medical service of your hotel;
- ▶ Report to AU Medical and Health Services or Host Medical Service.
- ▶ Call someone for help if you cannot perform any of the above recommendations.



For a strict emergency call the GREEN NUMBERS



EMERGENCY CONTACTS

for use at the African Union Summit

SAMU:

+240 222 022 893 / +240 222 246 383

Dr. Leticia

CLINIQUE LA PAZ:

+240 222 501 726

Dr. Domingo Masingo

AFRICAN UNION MEDICAL STAND:

SIPOPO

Dr. Diop

EQUATORIAL GUINEA MEDICAL STAND:

SIPOPO

Dr. Prudencia / Dr. Diddo

PHARMACY ON DUTY DURING THE SUMMIT:

+240 555 681 084

7/7-24H

AU MEDICAL TEAM



Dr. Adamu Isah
Director MHSD

+234 806 311 7710



Dr. Diop Mohamed Yahya
MD, Pathologist

+222 36 35 74 47



Sr. Zemenay Molla
Nurse

+251 911 642 474

EQUATORIAL GUINEA MEDICAL TEAM



Dr. Leticia Nseng Ondo A.
General Director of Hospital

+240 222 217 134



Dr. Prudencia Mbasogo N.M.
Emergency Doctor

+240 222 281 781



Dr. Candido Ondo Ondo
Emergency Doctor

+240 222 233 844

**HAVE A
GOOD STAY !**