Let us all unite and celebrate together  
The victories won for our liberation  
Let us dedicate ourselves to rise together  
To defend our liberty and unity

*O Sons and Daughters of Africa*  
*Flesh of the Sun and Flesh of the Sky*  
*Let us make Africa the Tree of life*

Let us all unite and sing together  
To uphold the bonds that frame our destiny  
Let us dedicate ourselves to fight together  
For lasting peace and justice on the earth

*O Sons and Daughters of Africa*  
*Flesh of the Sun and Flesh of the Sky*  
*Let us make Africa the Tree of life*

Let us all unite and toil together  
To give the best we have to Africa  
The cradle of mankind and fount of culture  
Our pride and hope at break of dawn

*O Sons and Daughters of Africa*  
*Flesh of the Sun and Flesh of the Sky*  
*Let us make Africa the Tree of life*